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## Soups, Salads & Stuff

### Chef Salad

Spring mix of greens	Romaine Lettuce
Cherry tomatoes	Cucumbers (peeled and seeded)
Celery (chopped)	Carrots (shredded)
Turkey – chopped	Cheese – chopped
Croutons	Salad dressing

Get a really big bowl. Wash all the greens and vegetables (even if it says already washed). You can get most of the vegetables already shredded and chopped at the grocery store, which makes this recipe even easier. Once I get everything washed, chopped and seeded...I layer the ingredients repeating only once. I usually use deli turkey meat and cheese and chop into bite size pieces. Monterey Jack is a good cheese, or some Swiss cheese is good too. I don't like cheddar cheese on a salad. Now some people insist on including hard boiled eggs in their chef salads, but I figure why add the cholesterol when it tastes just as great without. Once all the ingredients are layered, I pour on my favorite salad dressing and top with croutons. Yummy!